

The Blessings of Hunger

Hunger is a sign of live

Talk to Christians with no spiritual apatite

1Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, 2and he began to teach them. He said:3“Blessed are the poor in spirit, for theirs is the kingdom of heaven. 4Blessed are those who mourn, for they will be comforted. 5Blessed are the meek, for they will inherit the earth. 6Blessed are those who hunger and thirst for righteousness, for they will be filled.

makarios: *Transliteration:* makarios

Phonetic Spelling: (mak-ar'-ee-os)

Definition: happy, blessed, to be envied.

3107 makários (from mak-, "become long, large") – properly, when God extends His benefits (the advantages He confers); blessed.

3107 /makários ("blessed") describes a believer in enviable ("fortunate") position from receiving God's provisions (favor) – which (literally) extend ("make long, large") His grace (benefits).

supremely blest; by extension, fortunate, well off -- blessed, happy(X -ier)

The Blessings of Hunger

Hunger releases Favour

(1) Favour

When God walks through your life you see His footprints

They are Favour and Faithfulness

Psalm 69:12 Those who sit at the gate mock me, and I am the song of the drunkards.13 But as for me, LORD, my prayer to you is for a time of favour. In Your abundant, faithful love, God answer me with your sure salvation

**When Gods says
You're blessed**

You're favoured

Psalm 16:11 You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

presence = face to face, of seeing (God)

An encounter with God will bring with it the blessing of God

**Favour is God's approval,
it's a debt satisfied,
it's preferential treatment,
it's to be pardoned, it's to be reconciled,**

Psa 5:11-12

But let all who take refuge in you rejoice. Let them sing with joy forever. Protect them, and let those who love your name triumph in you. (12) You bless righteous people, O LORD. Like a large shield, you surround them with your favour.

The Favour of God gives you an unfair advantage in life.

Hunger releases Favour

(1) Favour

Hunger releases Fullness

(2) Fullness

Psalm 107 8 Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind, 9for he satisfies the thirsty and fills the hungry with good things.

Good things = *pleasant* to the higher nature, giving pleasure, happiness, prosperity, and so *agreeable, pleasing, well*:

Filled = to feed, fatten, fill, satisfy

Mankind gets hungry in three realms

- (1) Body
- (2) Soul
- (3) Spirit

Many are unaware of the hunger that exists in their spirit, so they keep feeding their body and soul and wondering what's missing

Why am I still hungry?
Why am I still searching?
Why is enough not enough?

Until your spirit man is full you will forever be searching to satisfy the hunger and emptiness deep within!

Psalm 107:9 for he satisfies the thirsty and fills the hungry with good things.

When you prepare a meal you want your guest to leave filled and satisfied

Hunger brings the blessing of God

Q How to cultivate Hunger

Psalm 34: **8 Taste and see that the Lord is good; blessed is the one who takes refuge in him.**

Taste = Try a little bit

It's easy to get hungry for something just look at it, smell it or taste it.

I didn't know I was hungry until I walked into the restaurant.

I didn't know I was hungry until I tasted you.

John 4: 13 Jesus answered, "Everyone who drinks this water will be thirsty again, 14but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."

15The woman said to him, “Sir, give me this water so that I won’t get thirsty and have to keep coming here to draw water.”

John 7:37 On the last and greatest day of the festival, Jesus stood and said in a loud voice, “Let anyone who is thirsty come to me and drink. **38**Whoever believes in me, as Scripture has said, rivers of living water will flow from within them.”^c **39**By this he meant the Spirit, whom those who believed in him were later to receive. Up to that time the Spirit had not been given, since Jesus had not yet been glorified.

We get physically hungry many times in one day

Our soul constantly needs comforting

Our spirit is very often left starving

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(1) Favour

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